



## Managing and Adapting Practice (MAP) Training Program

The face of the behavioral health system in New York State is changing. Multiple concurrent efforts are underway to change how services are delivered, managed, evaluated, and reimbursed. In order for agencies, organizations, and individual clinicians to be poised and ready for these changes, they must be able to ensure effective treatment and quality outcomes. By using evidence-based practices, providers are much more likely to demonstrate positive outcomes. As everyone prepares to meet the challenges of the changing behavioral healthcare system, being able to provide effective practices that demonstrate measurable outcomes will become increasingly critical.

The Evidence Based Treatment and Dissemination Center (EBTDC) is very excited to offer mental health clinicians serving children an opportunity to improve clinical outcomes, enhance accountability, and increase their knowledge and skills. The focus of this year's EBTDC program is the Managing and Adapting Practice (MAP) system (Chorpita & Daleiden, [www.practicewise.com](http://www.practicewise.com)). MAP offers organizations access to clinical training in anxiety, depression, disruptive behavior disorders, and trauma, in addition to state of the art decision support tools to guide and improve practice. MAP is currently being implemented in a number of mental health systems across the United States.

EBTDC's MAP training and consultation program consists of in depth training to support the use of the following clinical and decision support tools:

1. **Practitioner Guides:** Provides practitioners with a description of a broad range of evidence informed clinical interventions and their components in a user friendly way. The majority of these practice guidelines refer to cognitive-behavioral and psycho-educational approaches.
2. **PracticeWise Evidence-Based Service Database:** This online database can make recommendations about formal evidence-based programs OR about specific components of evidence-based treatments based on the clinical problem and client characteristics.
3. **Clinical Dashboard:** A Microsoft Excel-based tool that provides a visual display of clinician practices, and client progress and outcomes.

### EBTDC MAP at a Glance:

- Offers **NYS MAP Clinician and Supervisor Certification** upon successful completion of the training program
- Intensive clinical training and consultation on a broad range of evidence-based treatments for children and adolescents (Anxiety, Depression, Disruptive Behavior, and Trauma among other content areas)
- Web-based resources and clinical outcome monitoring tools
- **Free training:** The MAP training, as well as accompanying resources and supports are **free of charge**
- **CEUs** are available to licensed social workers who participate in all training days

### **EBTDC MAP Training Components and Schedule**

1. Pre-training introductory webinar for registered participants, includes:
  - Introduction to the EBTDC MAP training
  - Using Microsoft Excel as part of the MAP System
2. In-person Training (4 in-person days with 1 additional in-person day scheduled approximately 8 weeks after the initial training):
  - Day 1: Overview of MAP and PracticeWise Online Resources
  - Day 2: 4 Treatment Pathways

- Day 3: Clinical Hit Parade (review most used practice guides)
  - Day 4: C3 (Connect, Cultivate & Consolidate)
  - Mid-point: Check and Connect (8 weeks after the initial training)
3. Ongoing Consultation:
- Bi-weekly clinician webinars for 4 months following initial training
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**Criteria for participation:**

- ✓ Computer, internet, and telephone access for web-conferencing
- ✓ Laptop access for each clinician to bring to training (Excel and internet ready)
- ✓ Sufficient child caseload to complete a full course of MAP treatment

**Please attend one of our informational webinars to learn more:**

Monday, August 3<sup>rd</sup>, 2015 12:00pm - 12:45pm

OR

Wednesday, September 9<sup>th</sup>, 2015 1:00pm - 1:45pm

Please visit

**[www.ideas4kidsmentalhealth.org/map-webinar](http://www.ideas4kidsmentalhealth.org/map-webinar)**

to register for an informational webinar.

**Please Note: Participation in the informational webinar is not necessary for application to the program.**

**UPCOMING TRAINING:**

**Pre-Training Webinar: August 3rd, at 12 p.m. OR September 9th, at 1pm.**

Once participation is confirmed, all staff will receive more information about the pre-training webinar via email. All registered participants must attend the pre-training webinar.

**In-person Training: Tuesday, Oct 13<sup>th</sup> – Friday, Oct 16<sup>th</sup>; 9:30am-4pm each day**

**LOCATION: New York City**

**One Park Ave (Park & 33rd), NY, NY 10016**

To participate, please visit

**<http://www.ideas4kidsmentalhealth.org/map-application>**

**Online applications will be open Monday, August 3<sup>rd</sup> – Friday, Sept. 18<sup>th</sup>**

\*\*If you have any questions about the online application, please contact Michelle Vardanian for more information.

**For EBTDC MAP Project Questions:**

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